

## Examples of Floor Exercise Passes

No.	Tumbling passes	Event requirements		Both directions?
		Deduction	Comments	
1	1: round off back handpring back tuck 2: front handspring roundoff back handspring 3: round off two back handsprings	.2 (twist)		yes
2	1: front walkover cartwheel back roll 2: front roll cartwheel back walkover 3: front walkover roundoff back roll	.4 (twist, last superior)		yes
3	1: front walkover cartwheel back roll 2: front walkover roundoff back roll cartwheel connected to a tuck jump 3: front roll cartwheel back walkover	.6 (twist, 3 passes, last superior)	Third cartwheel not a Value Part.	yes
4	1: front handspring, front walkover, front handspring 2: front handspring roundoff back handspring 3: round off 2 back handsprings	.4 (twist, 3 passes)	Third solo front handspring not a difficulty. If she had made all 3 front handsprings, or if she had only one handspring in the first pass, she would get 3 passes.	yes
5	1: round off back handspring back layout 2: front handspring roundoff back handspring 3: round off back handspring back tuck	.4 (twist, 3 passes)	Third solo back handspring not a difficulty. Last tumbling skill is a superior.	yes
6	1: round off back handspring back tuck standing back tuck connected to a wolf 1/2 2: front handspring roundoff back handspring 3: round off back handspring back tuck	.6 (twist, 3 passes, last superior)	Third back handspring not a Value Part, and third back tuck is not a Value Part either.	yes
7	1: cartwheel, cartwheel, roundoff 2: front roll 1 armed cartwheel roundoff 3: roundoff back roll back roll	.6 (twist, 3 passes, last superior)	Cartwheel series & 1 armed cartwheel are not listed separately in the book.	yes
8	1: front handspring, front tuck (land 2 feet), step forward for cartwheel 2: round off, back handspring, back tuck 3: round off, 2 back handsprings back extension roll	.4 (twist, 3 passes)	First pass is broken, even if gymnast continually moves forward. She still gets the 3 <sup>rd</sup> pass as superior, because broken passes count as a pass for that purpose, and the last pass had a superior. If she had not done the cartwheel after the front tuck, she would also get a .2 deduction for no superior in the last pass.	no
9	1: front handspring front full 2: 2 front aerials to roundoff 3: 2 flysprings		Roundoff has no direction on floor (but is sideward for balance beam – pg. 107). Two skills make a pass if there's an AHS or back to back superiors.	no
10	1: Round off 2 back handsprings 2: Cartwheel 2 back walkovers 3. 3 front walkovers	.6 (twist, 3 passes, last superior)	Sometimes attempted front handsprings are really walkovers. The third front walkover is not a Value Part. If she made 1 handspring, she would have 3 passes. If she made 2 contiguous handsprings, she would also have a superior dismount.	yes